

Year 4 Weekly Home Learning Plan – 13th July 2020

Please find below this week's Home Learning for Year 4. We are continuing to use online learning provided by Oak National Academy – details are below.



Thank you to those of you who are continuing to use ClassDojo to message me and keep me up to date with what your wonderful young people are doing. If you have had any difficulties responding to your invitation to activate your Parent Account or haven't received an invitation, please email head@stmatthias.worcs.sch.uk to arrange for this to be resolved for you.

Daily Reading (this will be the same every week with some different comprehension resources)

Read to an adult for at least half an hour each day. This could be broken into two 15-minute sessions perhaps in the morning and before you go to bed if you like. Enjoy any reading material you have at home including comics, magazines, books, annuals etc...

This week I have included a Wimbledon reading comprehension for those tennis fans out there.

Daily Oak National Academy Lessons

Please continue to use the Oak National Academy site to access daily English, Maths and Foundation subject lessons. You can find the lessons here: <https://www.thenational.academy/> and we have sent instructions for how to use this site in a separate letter and in last week's Home Learning Plan. Simply click on Schedule and then choose year four. If you need help however, please do get in touch through ClassDojo or by Email:

head@stmatthias.worcs.sch.uk

****Please continue to use TTRS daily! 😊 ***

A combination of Class secrets, White Rose Maths, IXL, Lexia, TTRS etc...are also still available and are fine to use as well. If you need any further options or resources in a different format, please do let me know.

Daily PE / Exercise

The Government is still allowing unlimited daily exercise outside of the home, so do go for a walk every day when the weather allows. Most families live close enough to walk to Malvern Common and we would recommend this. (Remember to stay at least 2 metres away from other walkers – cross the road safely if you must.)

There are lots of fab PE ideas on this webpage – take your pick...<https://www.thepespecialist.com/peathome/>

Mental Health and Wellbeing

Choose any of these activities to do – these are suggestions and don't all have to be completed:

- ✓ Make a telephone or video call to loved ones you haven't been able to see – they will be so happy to hear from you!
- ✓ Don't forget that there is lots of information and advice about young people's mental health on the government's website: <https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>
- ✓ Go out for a walk with friends or family somewhere peaceful.
- ✓ Sit somewhere quietly in an outdoor space and write a senses poem. Each line should focus on a different sense such as what you can hear, see, feel etc...

ART

If you had a go at making your own paper plane last week, why not make your own 'junk art' plane this week? All you'll need is a few bits from your re-cycling bag and some tape and glue. Here are some images to help to get you started. There are more on the web-link below...



accessed 9.7.20

https://www.google.com/search?q=junk+art+airplane&rlz=1C1GCEB_enGB875GB875&source=lnms&tbn=isch&sa=X&ved=2ahUKEwiyytPg2b_qAhVQ3qQKHRgHBR0Q_AUoAXoECAwQAw&biw=1242&bih=568&safe=active&ssui=on#imgrc=98NEahILSJ3oPM

We would love to see your home learning in action so please send any messages or photos through ClassDojo to show us and we will message you back! Don't forget you can tweet pictures of your work to @stmatprimary or bring it into school when we return.