

Year 4 Weekly Home Learning Plan – 6th July 2020

Please find below this week's Home Learning for Year 4. We are continuing to use online learning provided by Oak National Academy – details are below.



Thank you to those of you who are continuing to use ClassDojo to message me and keep me up to date with what your wonderful young people are doing. If you have had any difficulties responding to your invitation to activate your Parent Account or haven't received an invitation, please email head@stmatthias.worcs.sch.uk to arrange for this to be resolved for you.

Daily Reading (this will be the same every week with some different comprehension resources)

Read to an adult for at least half an hour each day. This could be broken into two 15-minute sessions perhaps in the morning and before you go to bed if you like. Enjoy any reading material you have at home including comics, magazines, books, annuals etc...

As so many people have turned to running to keep fit, this week I'll send out a reading comprehension task around 'The London Marathon'.

Daily Oak National Academy Lessons

Please continue to use the Oak National Academy site to access daily English, Maths and Foundation subject lessons. You can find the lessons here: <https://www.thenational.academy/> and we have sent instructions for how to use this site in a separate letter and in last week's Home Learning Plan. Simply click on Schedule and then choose year four. If you need help however, please do get in touch through ClassDojo or by Email:

head@stmatthias.worcs.sch.uk

****Please continue to use TTRS daily! ☺ ***

A combination of Class secrets, White Rose Maths, IXL, Lexia, TTRS etc...are also still available and are fine to use as well. If you need any further options or resources in a different format, please do let me know.

Daily PE / Exercise

The Government is still allowing unlimited daily exercise outside of the home, so do go for a walk every day when the weather allows. Most families live close enough to walk to Malvern Common and we would recommend this. (Remember to stay at least 2 metres away from other walkers – cross the road safely if you must.)

Here is a fantastic link with ten PE ideas for you to try. Some have been included in previous lesson plans sent to you, but there also some other different ideas here too. Have a look at <https://happiful.com/10-virtual-pe-lessons-your-kids-will-love/>

Mental Health and Wellbeing

Choose any of these activities to do – these are suggestions and don't all have to be completed:

- ✓ Make a telephone or video call to loved ones you haven't been able to see – they will be so happy to hear from you!
- ✓ Why not get some ideas from this webpage – there are 25 to choose from!
<https://positivepsychology.com/mindfulness-for-children-kids-activities/>
- ✓ Why not do some colouring and some maths at the same time with a multiplication maths mosaic? (I will attach this for you on the classdojo page.)
- ✓ Why not try one or more of these art ideas. https://www.youtube.com/watch?v=jq9fqBplr_Y
- ✓ Choreograph your own dance to this Shakira track – here is a warm up:
<https://www.youtube.com/watch?v=nj9NA3fILoI>

Design Technology

Why not have a go at making your own paper airplane? Let me know how far yours flies!

<https://nerding.org/stem-lesson-1-paper-airplane-challenge/>

We would love to see your home learning in action so please send any messages or photos through ClassDojo to show us and we will message you back! Don't forget you can tweet pictures of your work to @stmatprimary or bring it into school when we return.