

Year 3 Weekly Home Learning Plan – 1st May 2020

Please find below this week's Home Learning for Year 3.



ClassDojo

It has been lovely to see your photos and read your messages about your home activities. We really enjoy seeing your smiling faces!

We hope you are managing with your home learning, please keep sending us updates! If you have any questions please just ask! Please send any messages or photos through ClassDojo to show us and we will message you back! Don't forget you can tweet pictures of your work to @stmatprimary or bring it into school when we return.

Have fun!

Miss Simms and Mrs Flubacher

Daily Reading (this will be the same every week)

Read to an adult for at least half an hour each day. This could be broken into two 15-minute sessions. Enjoy any reading material you have at home including comics, magazines, books, annuals etc.

If you run out of books and are able to get online, you can also access reading activities on:



Lexia



Oxford Owl

Oxford Owl is a fantastic website with a range of books where your child can read at their appropriate level and complete a fun activity after reading their book.

Create a username and password the website is completely free to use!

Daily Oak National Academy Lessons / BBC Bitesize

Please continue to use the Oak National Academy site to access daily English, Maths and Foundation subject lessons. You can find the lessons here: <https://www.thenational.academy/> and we sent instructions for how to use this site in a separate letter.

To access the lessons, click on 'Online Classroom' > 'Schedule' > 'Year 3' and select the day. The lessons need to be done in order – don't worry if you have missed a day, just do the next lesson in the sequence depending on where you are up to.

If you need any help accessing the online learning please message the class teacher through ClassDojo. We will be able to message you back directly during school hours.

There is also BBC Bitesize: <https://www.bbc.co.uk/bitesize/dailylessons>

Daily PE / Exercise

Skills Activity Bouncing the ball- bounce with two hands, then collect/catch with two hands. Bounce with one hand, swap hands to less dominant and repeat. Try alternating hands. Can you keep your feet still and bounce the ball? Can you take the ball around your body or through your legs? Can you travel as you bounce the ball using both hands?

Remember:

Bounce and catch with two hands: Push the ball down, take hands underneath the ball at top of bounce. Balls to bounce at waist height. Looking up, scanning for space. Bouncing: Contact the ball before it reaches the top of the bounce- try not to chase it as it falls down to the ground. Contact made with fingers (rather than hitting action with the palm of the hand). Bounce the ball continuously, trying to keep a rhythm going.

<https://www.bbc.co.uk/teach/supermovers> the children enjoy doing these in class!

Mental Health and Wellbeing

Mindfulness colouring is a relaxing and calming activity which can also encourage children to explore their creativity while improving fine motor skills.

<https://www.teachingideas.co.uk/2d-art/mindfulness-colouring-images-animals>

<https://www.bestcoloringpagesforkids.com/mindfulness-coloring-pages.html>

<https://www.teachstarter.com/gb/blog/classroom-mindfulness-activities-for-children-gb/>

Stay Safe

