

## Year 4 Weekly Home Learning Plan – 8<sup>th</sup> June 2020

Please find below this week's Home Learning for Year 4. We are continuing to use online learning provided by Oak National Academy – details are below.



Thank you to those of you who are continuing to use ClassDojo to message me and keep me up to date with what your wonderful young people are doing. If you have had any difficulties responding to your invitation to activate your Parent Account or haven't received an invitation, please email [head@stmatthias.worcs.sch.uk](mailto:head@stmatthias.worcs.sch.uk) to arrange for this to be resolved for you.

### Daily Reading (this will be the same every week)

Read to an adult for at least half an hour each day. This could be broken into two 15-minute sessions perhaps in the morning and before you go to bed if you like. Enjoy any reading material you have at home including comics, magazines, books, annuals etc. I will also send a list of suggested books for year 4 read in case you are stuck for ideas.

**This week I will send out an extract of 'Stig of The Dump' by Clive King with some comprehension questions for children to complete if they wish to.**

### Daily Oak National Academy Lessons

Please continue to use the Oak National Academy site to access daily English, Maths and Foundation subject lessons. You can find the lessons here: <https://www.thenational.academy/> and we have sent instructions for how to use this site in a separate letter and in last week's Home Learning Plan. Simply click on Schedule and then choose year four. If you need help however, please do get in touch through ClassDojo or by Email: [head@stmatthias.worcs.sch.uk](mailto:head@stmatthias.worcs.sch.uk)

\*\*\*\*Please continue to use TTRS daily! ☺ \*\*\*\*

A combination of Class secrets, White Rose Maths, IXL, Lexia, TTRS etc...are also still available and are fine to use as well. If you need any further options or resources in a different format, please do let me know.

### Daily PE / Exercise

The Government is now allowing unlimited daily exercise outside of the home, so do go for a walk every day when the weather allows. Most families live close enough to walk to Malvern Common and we would recommend this. (Remember to stay at least 2 metres away from other walkers – cross the road safely if you must.)

\*\*\*\*You can still exercise with [Joe Wicks](#) too or why not try [the speed bounce challenge](#) ? \*\*\*\*

### Mental Health and Wellbeing

Choose any of these activities to do – these are suggestions and don't all have to be completed:

- ✓ Make a telephone or video call to loved ones you haven't been able to see – they will be so happy to hear from you!
- ✓ Have a look at some nature and learn some facts by watching [Spring Watch](#) clips and keeping up with the live web cams! You can keep a journal of the wildlife that visits your garden too.
- ✓ Try some yoga - <https://www.youtube.com/user/CosmicKidsYoga> is a brilliant for easy to follow yoga for kids.
- ✓ Learn how to sew, knit or crochet, it is relaxing and you can make something decorative and useful.
- ✓ Have a family game of cards or a board game, but do not cheat and argue about who won! (My sister used to be the banker in charge of money so that she could cheat at Monopoly! How rude! )

### Science

To help children to understand germs, the spread of Covid-19 and how they can stay safe, why not have a look at this website and try some of the experiments suggested? I will send two booklets of activities separately about hand and respiratory hygiene for them work through with you too. There are some fun experiments in these activity booklets that all of the family can involved in.

[https://e-bug.eu/eng\\_home.aspx?cc=eng&ss=1&t=Information%20about%20the%20Coronavirus](https://e-bug.eu/eng_home.aspx?cc=eng&ss=1&t=Information%20about%20the%20Coronavirus)

We would love to see your home learning in action so please send any messages or photos through ClassDojo to show us and we will message you back! Don't forget you can tweet pictures of your work to @stmatprimary or bring it into school when we return.