

Year 4 Weekly Home Learning Plan – 11th May 2020

Please find below this week's Home Learning for Year 4. We are continuing to use online learning provided by Oak National Academy – details are below.



Thank you to those of you who are continuing to use ClassDojo to message me and keep me up to date with what your wonderful young people are doing. If you have had any difficulties responding to your invitation to activate your Parent Account or haven't received an invitation, please email head@stmatthias.worcs.sch.uk to arrange for this to be resolved for you.

Daily Reading (this will be the same every week)

Read to an adult for at least half an hour each day. This could be broken into two 15-minute sessions perhaps in the morning and before you go to bed if you like. Enjoy any reading material you have at home including comics, magazines, books, annuals etc.

If you run out of books and are able to get online, why not try reading along with these David Walliams books or take your pick from the last link to the Children's stories and fun channel's playlist:



[The World's Worst](#)

[Children 3 - The Terrible Triplets](#)



[The World's Worst](#)

[Children 3 - Bonnie Bossypants](#)



[Children's Stories and Fun](#)

Daily Oak National Academy Lessons

Please continue to use the Oak National Academy site to access daily English, Maths and Foundation subject lessons. You can find the lessons here: <https://www.thenational.academy/> and we have sent instructions for how to use this site in a separate letter and in last week's Home Learning Plan. Simply click on Schedule and then choose year four. If you need help however, please do get in touch through ClassDojo or by Email:

head@stmatthias.worcs.sch.uk

****Please complete 10 rounds on Times Table Rockstars as part of your maths study this week please. That is only two rounds per day! ☺ ****

A combination of Class secrets, White Rose Maths, IXL, Lexia, TTRS etc... are also still available and are fine to use as well. If you need any further options or resources in a different format, please do let me know.

Daily PE / Exercise

The Government is still allowing people to have daily exercise outside of the home, so do go for a walk every day when the weather allows. Most families live close enough to walk to Malvern Common and we would recommend this. (Remember to stay at least 2 metres away from other walkers – cross the road safely if you must.)

****You can still exercise with [Joe Wicks](#) too or even try a [Swan Lake warm up with Darcy Bussell](#) when you can't get out and about.****

Mental Health and Wellbeing

Choose any of these activities to do – these are suggestions and don't all have to be completed:

- ✓ Make a telephone or video call to loved ones you haven't been able to see – they will be so happy to hear from you!
- ✓ Draw pictures or take photos of the different trees and plants you see on your walks.
- ✓ Try making some [pancakes with Buddy Oliver](#)!
- ✓ Try your hand at meditation. Lay on your back with your eyes closed and relax. Now see how many sounds you can hear. See if you can hear things that are really far away in the distance. Try this with a brother or sister and see what they heard.
- ✓ Have a go at a [Mylene's Music Klass](#).
- ✓ Write a letter to a friend or relative.
- ✓ Make a time capsule telling everyone about this unusual time and what you did. Hide it in the garden or somewhere in the house to find in years to come.

We would love to see your home learning in action so please send any messages or photos through ClassDojo to show us and we will message you back! Don't forget you can tweet pictures of your work to @stmatprimary or bring it into school when we return.